



# Off-Campus Housing -for the UCSD community-



**THE HUB BASIC NEEDS CENTER**

# What are Basic Needs?

→ In order to thrive as an individual, availability of certain resources is imperative...



**nutritious food**

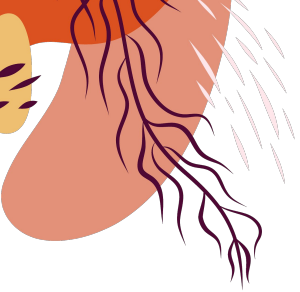


**stable housing**



**financial wellness**



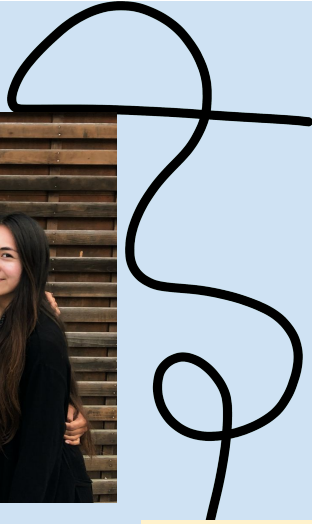


## Our Core Values

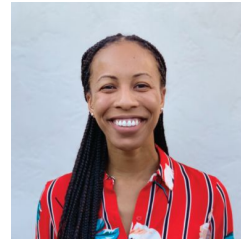


- Address insecurities faced by UCSD students, staff and community
- Provide necessary resources for optimal growth
- Break the stigma surrounding basic needs
- Foster a sense of belonging
- Build community to help one another

## Peer Educators



## Professional Staff



## Basic Needs Assistants



## Our Team



## CalFresh Assistants

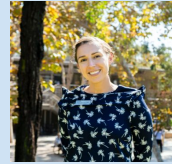


# Timeline

**2014:**  
Strategizing  
begins



**2017:**  
Basic Needs  
Coordinator  
hired



**2019:**  
Expand housing  
support and  
CalFresh access



**2015:**  
Triton Food  
Pantry opens



**2018:**  
The Hub  
Basic Needs  
Center opens



## Student Perspectives

*"Sometimes I will eat once a day to save money to pay for bills."*

*"My family needed some help so I gave them money, but am worried I can't make rent the rest of the quarter."*

*"I sleep in my car during the week and stay on my friend's couch on the weekends."*

# Intersection between Basic Needs and Health



- Race, class, gender, family structure, culture, citizenship status, the environment and more affects person's physical and mental health
- "People who have had excessive stress in their lives, as measured by multiple periods of poverty level income, show earlier aging, more depression, and an earlier decline of both physical and mental functioning" (Lynch et al. 1997b).
- Stress undermines the processes of the immune system

# National Data on Basic Needs Challenges

## 2 Year Institutions

- 43% Food Insecure
- 46% Housing Insecure
- 12% Homeless

## 4 Year Institutions

- 35% Food Insecure
- 37% Housing Insecure
- 9% Homeless

## Hope Lab Data 2018

“Sizable fractions of students who were doing very poorly in college grades below the C average... were dealing with food and/or housing insecurity”.



# The Hub Arrangements

- Remote Basic Needs/Housing/CalFresh Consultations via Zoom
- Grocery Shuttles every Saturday and Sunday from 10am-6pm
- CalFresh Webinars
- Affordable Grocery Store Map for San Diego
- Emergency Meal Assistance Program
- Budget Friendly Cooking Demos on Facebook
- Lyft Rides Assistance Program



# Accessible Off-Campus Resources

## → Doordash X Triton Food Pantry

- ◆ Delivers bagged groceries to students residing outside of campus within a 10 mile radius. One delivery counts as the 10 points and one visit to the TFP for the week.



DOORDASH X TRITON FOOD PANTRY  
The Triton Food Pantry is excited to announce our partnership with Doordash!

**INTERESTED IN HAVING PANTRY ITEMS DELIVERED TO YOU AT NO COST?**

- EVALUATE IF YOU QUALIFY FOR OUR SERVICE.**  
Were you referred by OSD or Student Health Services? Do you identify with having a disability? Are there circumstances preventing you from leaving your home? Do you live within 10 miles away from campus?
- IF APPLICABLE, YOU MUST FILL OUT YOUR ORDER FORM 7 DAYS BEFORE YOUR SCHEDULED DELIVERY.**  
Order forms will be set for delivery the following week. Students may visit the pantry before their scheduled delivery if extra support is needed.
- YOUR ORDER FORM WILL COUNT AS YOUR PANTRY VISIT FOR THE DELIVERY WEEK.**  
If students need additional support, they may email or send a message to the pantry and they will be offered an additional visit.

Questions or concerns? We're here to help!  
Feel free to send us a message through Instagram and Facebook or via email at [foodpantry@ucsd.edu](mailto:foodpantry@ucsd.edu)

## → Grocery Shuttle

- ◆ Purpose: provide transportation for more ethnically reflective foods and grocery stores
- ◆ Goes through a couple of stops in Convoy
- ◆ Saturday and Sunday from 10am-6pm




**grocery shuttle**

**EVERY SAT. & SUN.**  
**WINTER 2021**

**10am-6pm**  
**Pick up is at Pepper Canyon on Gilman Dr.**

Shop, dine, and explore new places with our **FREE** weekly shuttle to La Jolla Village Square or Convoy area. Open to all undergraduate and graduate UC San Diego students.

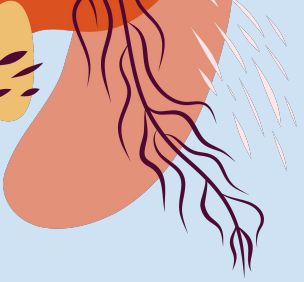
# Off Campus Housing Office



The Off-Campus Housing Office offers resources to aid students in the transition from on-campus living to off-campus living.

- Coordinated by Damian Ruiz (email: doruiz@ucsd.edu)
- Provides housing consultations, lease overviews, and move in and out resources
- Emergency Housing Protocol for students displaced without housing
- Off Campus Housing Website for UCSD students

<https://offcampushousing.ucsd.edu/>



## Off-Campus Housing Website



- Solely for UCSD affiliates
- Property Listings
- Housing Searches
- Roommate Searches
- Tutorials for creating an account
- Resources for commuting to campus



## Before Moving Off-Campus

- First and foremost: Identify your budget
- Save money for a Security Deposit and Rent
- Give yourself time to look at plenty of options
- Set a cap on how many places you will apply to
- Prioritize your **NEEDS** instead of your **WANTS**
- Consider who you want to live with

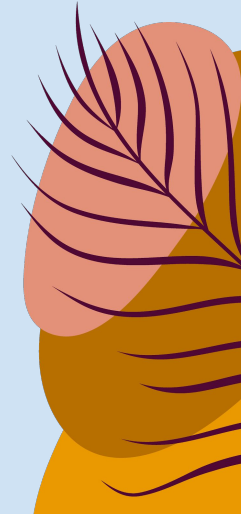
# Student Timelines for Moving Off-Campus

- The sooner you start looking the better!
- Start looking at least one to two months in advance
- Take into consideration different factors
  - ◆ Overlap between leases
  - ◆ Contacting properties
  - ◆ Scheduling viewings
  - ◆ Applications
  - ◆ Moving out/in



# Searching for Housing

- [Off-Campus Housing Website](#)
- Padmapper
- Facebook Groups



# Roommate Search

When searching for roommates there are a couple of things to consider:

- Friends, acquaintances, or current roommates
- Compatibility
  - ◆ Cleanliness
  - ◆ Sleeping habits
  - ◆ Study habits
  - ◆ Homebody or partier



# Roommate Agreements

The goal of a roommate agreement is to minimize as much future conflict as possible.

- Set rules and boundaries
- Evenly and fairly distribute space
- Discuss your routines and preferences
- Set up a cleaning schedule

# Lease Agreements

- A lease is a legally binding contract where both the landlord/property management and renters have responsibilities.
- Leasing contracts vary from month-to-month, six months, nine months, and year long
- A security deposit will be needed to secure the rental unit.
- Renters are required to notify their landlord/leasing office 30 days in advance whether they will be renewing the lease or not.
- After the leasing contract ends landlords/leasing offices have 21 days to return the security deposit



# How does COVID-19 affect off-campus housing for students?

For students looking for housing:

- Try to find apartments that offer virtual tours
- Connect with the Off-Campus Housing Office to schedule a housing consultation to review housing options
- Use online platforms to search for rooms and roommates

For students looking to get out of their lease:

- The COVID-19 breakout is not likely to be a cause to end a lease
- There are some exceptions
  - ◆ If tenant has been infected by COVID-19
  - ◆ If tenant is at risk and there is a higher probability of infection where tenant is currently residing

# Schedule a 30 min 1:1 consultation with our Basic Needs Staff!

- Go to [basicneeds.ucsd.edu](https://basicneeds.ucsd.edu)
- Click [Assistance Forms](#)
  - ◆ [Basic Needs Assistance Form](#) for basic needs consultations
  - ◆ [CalFresh Assistance Form](#) for application assistance
  - ◆ [Personal Hygiene Pick Up Form](#)
  - ◆ [Triton Food Pantry Order Form](#)

BASIC NEEDS UC San Diego

About Triton Food Pantry CalFresh Programs Resources **Assistance Form** Innovation Grants Contact

HOME / Assistance Form

Basic Needs

About

Triton Food Pantry

CalFresh

Programs

Resources

**Assistance Form**

Innovation Grants

Contact

### CalFresh Application Assistance

If you are a registered UC San Diego student seeking only CalFresh application information from our CalFresh Outreach Team then please click this link to the [CalFresh Assistance Form](#)

### Basic Needs Assistance Form

If you are a UC San Diego student who is facing challenges with their access to adequate food, stable housing, or financial resources is encouraged to complete this form. This form will be assessed to provide individual resource suggestions.

**Name \***

First Last

**PID \***

Email \*

Phone \*

I need support with: \*

On/Off Campus Food Resources

Housing Stability Resources

Financial Wellness

Please include brief description: \*

Our Basic Needs staff will review your inquiry to connect you to the appropriate on or off campus resources within 2 business days.

Submit

# Connect With Us!

Facebook: [@ucsdbasicneeds](#)

Instagram: @ucsdbasicneeds

Website



[basicneeds.ucsd.edu](http://basicneeds.ucsd.edu)

Email



**Housing:**  
[doruiz@ucsd.edu](mailto:doruiz@ucsd.edu)

Phone



**(858) 246-2632**

**General Basic Needs Inquiries:**  
[basicneeds@ucsd.edu](mailto:basicneeds@ucsd.edu)



## Questions?

- What questions do you have about Off-Campus Housing?
- Do you have any questions about general Basic Needs Resources at UCSD?
- Do you have any suggestions for The Hub to better serve different communities of students?